



Nutan Maharashtra Vidya Prasarak Mandal's (NMVPM's)
NUTAN MAHARASHTRA INSTITUTE OF
ENGINEERING AND TECHNOLOGY (NMIET)

Under Administrative Support - Pimpri Chinchwad Education Trust (PCET)



ESTD : 1906

Approved by AICTE

Accredited by NAAC

Affiliated to SPPU

"Samarth Vidya Sankul", Vishnupuri, Talegaon Dabhade, Taluka Maval, District Pune - 410507

Tel. No. 02114 - 231666

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Web : www.nmiet.edu.in

AICTE ID - 1-8618657

AISHE ID - C-41640

DTE ID - 6310

UNIVERSITY ID - CEGP013890

Date 03/12/2021

NOTICE

Department: - First Year Engineering

Academic Year: - 2021-22

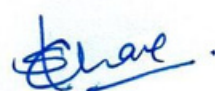
All FE students of NMIET are hereby informed that, session is Scheduled on 09th December 2021 on Sahj Yoga Meditation

Students have to attend Sessions Mandatorily and Make sure that you sign the attendance in this sessions provided by your Class Teacher.

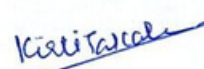
Strict action will be taken against the absent student and pending activity will have to complete.


Principal
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Talegaon Dabhade, 410507




Dr.S.K.Rahane

HOD (FE)

Event Co-Ordinator


	Nutan Maharashtra Vidya Prasarak Mandal's (NMVPM's) NUTAN MAHARASHTRA INSTITUTE OF ENGINEERING AND TECHNOLOGY (NMIET)	
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	FE Engineering Department	

Event Report

Title: Sahaj YOGA Meditation

Speaker: Mr. Chandrakant Deoda

Date: 09/12/2021

Participants: FE year students of NMIET

No. of participants: 276

Description: Conducting a Sahaja Yoga meditation session for engineering students can be a beneficial way to help them manage stress, improve focus, and enhance overall well-being. Provide a brief overview of Sahaja Yoga meditation and its benefits for stress management and mental clarity. Lead the participants through gentle warm-up exercises to release tension in the body and prepare for meditation. This may include stretching, neck rolls, shoulder rotations, and deep breathing exercises. Facilitate a discussion on the benefits of meditation for managing stress, improving focus, and promoting overall well-being. Provide resources or recommendations for further practice, such as online guided meditations or local Sahaja Yoga meditation classes. Visualization: Incorporate guided visualizations or affirmations to deepen the meditation experience. Q&A: Allow time for participants to ask questions about Sahaja Yoga meditation and its principles.

Objectives:

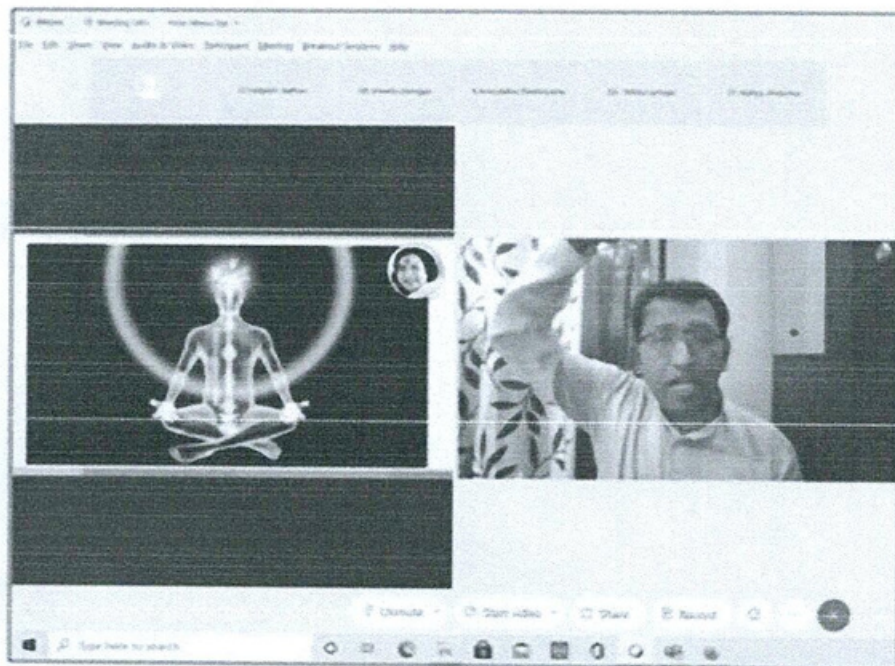
1. Help engineering students manage stress and anxiety related to their academic workload and responsibilities.
2. Enhance students' ability to concentrate and focus on their studies by incorporating meditation techniques that sharpen mental clarity and improve attention span.

Outcomes: The outcomes of a Sahaja Yoga session for engineering students can be diverse and impactful, addressing various aspects of their well-being, academic performance, and personal development.




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Photographs:



Date: 09/12/21 Speaker: Mr.Chandrakant Deoda Session: Session on Sahj Yoga Meditation



Kirti Takale
Erect - Co-ordinator

[Signature]
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FE Engineering Department		

STUDENT LIST_AY-2021-22

Sr. No.	Candidate Name	Sign Of Students
1	ABHANG SANKET VILAS	P
2	ADITYA SUBHASH DEUSKAR	P
3	ASHUTOSH RAJABHAU THORAT	P
4	ASODEKAR SAMIKSHA SUHAS	P
5	ATHARVA RAHUL WANKAR	P
6	BABAR TANVI BALASAHEB	P
7	BADVE NIDHI NARAYAN	P
8	BAGUL SAMARTH MOHAN	P
9	BALWADKAR SAKSHI SANTOSH	P
10	BARHATE RIDDHI PRAVIN	P
11	BHAND SWAPNIL KARBHARI	P
12	BHANUSHALI HITEN VASANT	P
13	BHEGADE ANUSHKAR ANAND	P
14	BHOITE ATHARVA VILAS	P
15	BIRADAR RAJ ANILRAO	P
16	BORNAR SHAM VIJAY	P
17	CHAUDHARI ADITYA YOGESH	P
18	CHAVAN HARSHAL SHRIKANT	P

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19	CHAVAN PRATHAMESH SUDHIR	P
20	CHETAN INGALE	P
21	CHOKSH UJJWAL AWARE	P
22	DAWARI NIKUNJ MAHADEV	P
23	DEORE SHRIKRUSHNA ASHOK	P
24	DHAMDHARE RUPESH VIJAY	P
25	DHOLE TEJAS KRISHNAT	P
26	GAIKWAD ADITYA BALASAHEB	P
27	GAIKWAD NIKHIL NARAYAN	P
28	GARDE SHREEYASH VIJAY	P
29	GAYATRI SURESH NAGENDRE	P
30	GHADAGE ANIKET VIJAY	P
31	GHODCHORE SHREYAS RAJESH	P
32	GHUGE RUSHIKESH SANTOSH	P
33	GIDDE PRATIK SANTOSH	P
34	GORULE VEDANT PRASHANT	P
35	GULATI AMARINDERSING GURUCHARANSING	P
36	HRITICK SIDANA	P
37	HULGE YASH BHALCHANDRA	P
38	INDRAJEET UTTAM PATIL	P
39	ISHAAN S MATTOO	P
40	JADHAV GAURAV SUBHASH	P
41	JADHAV RUTUJA VISHWAS	P
42	JADHAV SAMRUDDHI SANJEEV	P

10



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Mumbai, Dobhade 410507*

43	JAGTAP AAKANSHA AMOL	P
44	JAISWAL APURVA MANOJ	P
45	JANHVI DEVENDRA PATIL	P
46	JARE PRANAV MANOHAR	P
47	JAYBHAYE ADITYA NANDKUMAR	P
48	KAMBLE ARADHANA SUNIL	P
49	KAPALE SUJAL SANDEEP	P
50	KARANDE AISHWARYA PANDURNG	P
51	KARANDE AKANKSHA BALAJI	P
52	KARBHARI RITESH VIJAYKUMAR	P
53	KAYGUDE ANIKET SANJAY	P
54	KELGANDRE VAIBHAV GAHININATH	P
55	KHANDERAO ANURAG VIJAY	P
56	KHARCHE JESSICA JAGDISH	P
57	KHEMARAJ PRAVIN MAHAJAN	P
58	KOBARNE SAAKSHI DHANANJAY	P
59	KSHIRSAGAR ANIRUDHA MANOJKUMAR	P
60	KSHITIJA MANDE	P
61	KUDALE DIVYA AMOL	P
62	KULABKAR ROHAN ROHIDAS	P
63	KULKARNI AVADHUT SHRINIWAS	P
64	KULKARNI GAURAV SHRIKRUSHNA	P
65	KUSHAGAR	P
66	LALAGE PRACHI ANIL	P



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67	LAWAND AKSHAY RAJENDRA	P
68	LIGADE MEHUL MAHADEO	P
69	LONDHE OMKAR SUNIL	P
70	MAHAJAN AYUSH CHETAN	P
71	MAHAJAN YASHASHREE RAVINDRA	P
72	MALI DAMINI RAVINDRA	P
73	MALI SANJAL SUHAS	P
74	MARATHE SUYASH SACHIN	P
75	MAYUR NITIN THAKUR	P
76	MHASKE YASH SUNIL	P
77	MISHRA UTTAM JITENDRA	P
78	NAGENDRA KRUNAL SURYAKANT	P
79	NAIKARE SWARAJ SUNIL	P
80	NALAWADE VIKRAM JANARDHAN	P
81	NAZNEEN MOHMMAD ARIF SHAIKH	P
82	NIKHIL MANMATH IDLGAVE	P
83	NIKITA VIJAYKUMAR GARE	P
84	OMKAR SHANKAR ADLING	P
85	PANDIT PAVANKUMAR SANTOSH	P
86	PAPAL ADITYA VITTHAL	P
87	PARTH PATIL	P
88	PATIL KRUSHNAL JAGANNATH	P
89	PATIL SHUBHAM SURYAKANT	P
90	PATIL VISHAL BHUPESH	P

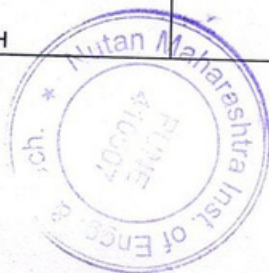
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92	PATOLE AMIT JAGANNATH	P
93	PAWAR HARSHAL PRAVIN	P
94	PAWAR MRUNAL LAXMAN	P
95	PHADTARE ROHAN SUNIL	P
96	PHALAK PRATIK RAVINDRA	P
97	PRATIK ANAND KUMAR GAUTAM	P
98	RAJDEEP PRAKASH YADAV	P
99	RANE SHRAVANI JAYENDRA	P
100	RATRA PRITAMSINGH DALITSINGH	P
101	RAUT SAHIL PRAMOD	P
102	RITUJA GANESH KINE	P
103	RODGE VIVEK YASHWANT	P
104	ROHIT DNYANESHWAR AHIRE	P
105	SAH NIGEETA TRIBHUWAN KUMAR	P
106	SARDESHMUKH NIKHIL SHYAM	P
107	SATPUTE DIYA DINKAR	P
108	SEJAL DATTATRAYA KATKAR	P
109	SHAIKH MOHAMMAD REHAN ABDULKALIM	P
110	SHARMA VARUN SHARMA	P
111	SHETE VIVEK POPAT	P
112	SHEWALE ISHANT SHARADCHANDRA	P
113	SHINDE KUNAL SAMBHAJI	P
114	SINGH ANKITA BRIJESH	P

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115	SINGH HIMANSHU JEETENDRAPAL	P
116	SOHAM PREMCHAND GURAV	P
117	SUROSHE NEHA DATTATRAYA	P
118	SURYAWANSHI PRANAV NANDKUMAR	P
119	SWAMI SUMIT DHANAYYA	P
120	THOMBARE HRISHIKESH PRAKASH	P
121	THORAT ADITYA PRAVIN	P
122	TOPE PRATIKSHA KHANDU	P
123	UMBARDAND SUDIP KIRAN	P
124	URADE VARUN VILAS	P
125	VAISHNAVI POPAT SAPKAL	P
126	VATPAL OMSINGH SATISH	P
127	VICHARE VISHWARAJ NITIN	P
128	WAGHMARE TUSHAR SATISH	P
129	WARADE VINIT PANKAJ	P
130	WARIK OMKAR AVINASH	P
131	ZENDE EKTA SATYAVAN	P
132	ZOPE VIPUL SHARAD	P
133	BOTHARA SRISHTI PREMENDRA	P
134	GORE CHETAN PRAKASHRAO	P
135	KHANDAGALE PRANAV NANDKUMAR	P
136	PARDESHI SIDDHANT SANTOSH	P
137	PAWAR ANIL KARBHARI	P
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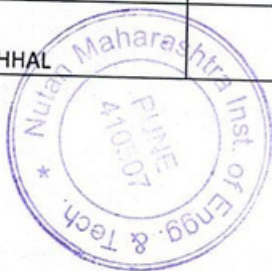
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140	BANSOD PRATIK PARAG	P
141	BHAVAR SAURABH SHIVDAS	P
142	BHEKE SAHIL RAMDAS	P
143	BHOGE SAGAR VAJJINATH	P
145	BIJJARGI RAHUL PRAKASH	P
146	BIRADAR KHUSHI SURYAKANT	P
147	BOLE ADITYA MANOJ	P
148	BURANDE SARTHAK DNYANESHWAR	P
149	CHASKAR PUSHKAR BHASKAR	P
150	DERE ISHWARI PRADIP	P
151	DESAI VISHAL VISHWAS	P
152	DHAS VINIT AJIT	P
153	DHYADE SHRUTI PARMESHWAR	P
154	GAGANMALI ANKITA MAHADEV	P
155	GAIKWAD ABHRAJ BABU	P
156	GAWADE SHRUSHTI GANESH	P
157	HUMNE ADITI DATTATRAYA	P
158	JADHAV DISHA EKNATH	P
159	JADHAV GIRISH ASHOK	P
160	JADHAV KHUSHI RAHUL	P
161	JAGADALE ADITYA RANJIT	P
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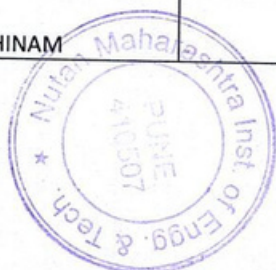
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164	KOMBAN ATHULYA MARY JOSE K L	P
165	KULKARNI OMKAR SUNIL	P
166	KULKARNI SAKSHI SANDEEP	P
167	KULKARNI SHRUTI MOHAN	P
168	LANDE GAURI GAJANAN	P
169	LANDE KETAN ARUN	P
170	MASHERE SHUBHAM GOPAJI	P
171	MOHIT VINOD MOWADE	P
172	NAIKNAWARE TEJAS BALASAHEB	P
173	NALGE NUPUR CHINTAMANI	P
174	NARKHEDE ARPITA SHRIKRUSHNA	P
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176	PATIL YASHODEEP GANESH	P
177	PAWAR OM ACHYUT	P
178	PISAL SAURABH UMESH	P
179	PISAL SHARVARI SURYAKANT	P
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181	PISE ROHAN ISHVAR	P
182	PRANAV SUNIL BADHE	P
183	PRIYANSHU ARVIND SINGH	P
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185	SACCHIDANAND KUMBHAR	P
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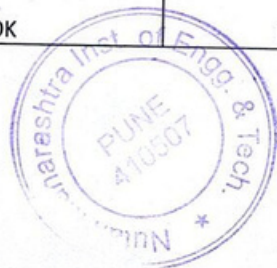
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188	SAKSHI ANIL GAIKWAD	P
189	SALAVE ADITYA ADHIKRAO	P
190	SALUNKHE RAHUL AMOL	P
191	SAPKAL PRANAV CHANDRAKANT	P
192	SHAIKH SUJAUDDIN SAHEBLAL	P
193	SHELAR DEEPTI SUBHASH	P
194	SHELKE SARIKA APPASAHEB	P
195	SUTAR TANMAY HANMANT	P
196	TAMBE SAKSHI VEERCHANDRA	P
197	THAKUR SUCHIT DWARKASINGH	P
198	THANGE YUVARAJ HARIBHAU	P
199	TIWARI HRISHIKESH SAROKKUMAR	P
200	UDAVANT PRATIKSHA NARENDRA	P
201	UPARE YASH VIRENDRA	P
202	VED NAHUSH WAGLE	P
203	WALZADE YASH PRADIP	P
204	ZINJURKE SANTOSHI PANDURANG	P
205	BHUTARE JAGRUTI RAJARAM	P
206	SAH RAJKUMAR SATYANARAYAN	P
207	THAPA NIKITA NARAYAN	P
208	AGARWAL PRIYA NITIN	P
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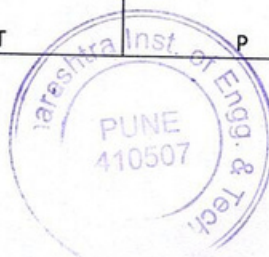
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212	BIRADAR ASHARANI RAMESH	P
213	BORHADE MAHESH PRAVIN	P
214	CHAVAN RUTIKA RAVINDRA	P
215	CHIKHALE JITENDRA BALSHIRAM	P
216	DEHANKAR MAYUR MILIND	P
217	FEGADE RUCHIKA SURESH	P
218	GHODAKE SIDDHI DATTATRAY	P
219	HARSULKAR NISHAD AJAY	P
220	HIMANSHU NAGOSE	P
221	JAKKAN YASH RAMESH	P
222	KALPESH MAYURDHVAJ NARKHEDE	P
223	KINGE SAKSHI VIKAS	P
224	KOKATE PRAJAY PRASHANT	P
225	KOLI SUJAL SANJAYKUMAR	P
226	KUMBHAR SHUBHAM SARJERAO	P
227	LAHARE RUTUJA DATTATRAYA	P
228	MAHAJAN GUNJAN SANDIP	P
229	MAHAJAN SAMEER GAJENDRA	P
230	MAYURI MURLIDHAR KINGE	P
231	MODI VEDANG VISHWAS	P
232	MORE SAMPADA VIJAY	P
233	MULEY REVAT RAVI	P
234	MULEY SHUBHAM TUKARAM	P
235	MUNDHE SANTOSH RAMAKANT	P

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236	NAKURE PRAJWAL BHAUSAHEB	P
237	NANAWARE PRANALI SANTOSH	P
238	NARAYAN MEDHA MADHUSUDAN	P
239	NIKAM NEHA SUDHAKAR	P
240	PARE ROHIT BHAGWAN	P
241	PATIL GAURAV PRAKASH	P
242	PATIL LABHESH VILAS	P
243	PATIL LAKITA KAILAS	P
244	PATIL RAVINDRA PRAKASH	P
245	PATIL SHREYASH BALASAHEB	P
246	PATIL VIVEK UDDHAV	P
247	PATIL YAMINI ROHIDAS	P
248	RANANAVARE RIDDHIK RAJESH	P
249	RAUT OM AVINASH	P
250	RUTUJA VIKAS NALAWADE	P
251	SAHIL SUNIL NAIKWADI	P
252	SAKSHI VAJINATH DOLAS	P
253	SALI MANALI MAHESH	P
254	SANIKA RAHUL BHALERAO	P
255	SATALE ARTI HARISHCHANDRA	P
256	SAWANT NISHA UMESH	P
257	SHIVAM SINGH	P
258	TAKALKAR ANUSHKA DATTATRAY	P
259	TIRKHUNDE ATHARVA BHARAT	P

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260	UPADHYAY ANURAG SUDHAKAR	P
261	YASH MARUTI BELAVALEKAR	P
262	ZALTE NEHA TAVARSING	P
263	SAWANT AVINASH KAILAS	P
264	SAWANT ESHA UMESH	P
265	SHUBHAM JANARDHAN PATANGE	P
266	DESAI SOHAM DEEPAK	P
267	GORAL SANJANA SAHADEV	P
268	HAJARE SAHIL SANDEEP	P
269	JANHAVI PRAVIN IKHE	P
270	KASHID VARAD SANTOSH	P
271	KASTURE ABHISHEK YASHWANT	P
272	KHAN ARASHAD SALAMAT	P
273	NANEKAR HARSHAL RAJESH	P
274	PANHALKAR SAURABH MANOHAR	P
275	PRERNA LAHU AWARI	P
276	SINGH BALRAMPRASAD MANISH	P



Kirti Takale
Event Co-ordinator

V
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Dabbada, 410007



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Certificate of Participation

This is to certify that **Sanket Vilas Abhang** has Participated in
Event/Session/Program *Session on Sahj Yoga Meditation*
held on **9/12/2021**

Dean Academics



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This is to certify that **Aditya Subhash Desuskar** has Participated in
Event/Session/Program **Session on Sahj Yoga Meditation**
held on **9/12/2021**

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This is to certify that **Ashutosh Thorat** has Participated in
Event/Session/Program **Session on Sahj Yoga Meditation**
held on **9/12/2021**

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Certificate of Participation

This is to certify that **Atharva Rahul Wankar** has Participated in
Event/Session/Program **Session on Sahj Yoga Meditation**
held on **9/12/2021**

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Event/Session/Program **Session on Sahj Yoga Meditation**
held on **9/12/2021**

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